

CLICK TO PARTICIPATE

Digital Youth Work for a Stronger Democracy

Info Pack



4–12 September 2026



Sunny Beach, Bulgaria

TRAINING COURSE



YOUTH
COLLABORATION



DIALOGUE &
PARTICIPATION



DIGITAL TOOLS &
INNOVATION



INCLUSION &
DIVERSITY



ACTIVE CITIZENSHIP &
DEMOCRACY



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Young people increasingly communicate, learn, form opinions and participate in society through digital environments. At the same time, these spaces bring new challenges such as misinformation, algorithmic influence, online polarisation, passive content consumption, digital exclusion and the growing impact of artificial intelligence on communication and decision-making. The project aims to help youth workers better understand these developments and transform digital spaces into meaningful environments for participation, dialogue and democratic involvement.



OBJECTIVES:

- Strengthen the digital competences of youth workers and increase their confidence in using digital technologies in youth work.
- Improve participants' understanding of how social media, algorithms and digital platforms influence young people's opinions, behaviour and democratic participation.
- Increase competences in media literacy, critical thinking, fact-checking and recognising misinformation, manipulation and AI-generated content.
- Equip youth workers with innovative digital tools for communication, engagement and participation.



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Profile of participants:

The Training Course will involve 5 participants from each partner country, primarily youth workers, youth leaders, trainers, facilitators and NGO representatives who are actively working with young people or interested in developing their competences in digital youth work and democratic participation.

Participants should be 18 - 30 years old, motivated to take part in all project activities, able to communicate in English, and interested in topics such as digital technology, youth participation, media literacy, AI, online democracy and the European Youth Goals.

Special priority will be given to participants with fewer opportunities, including young people and youth workers facing economic, social, geographical, educational or other barriers.



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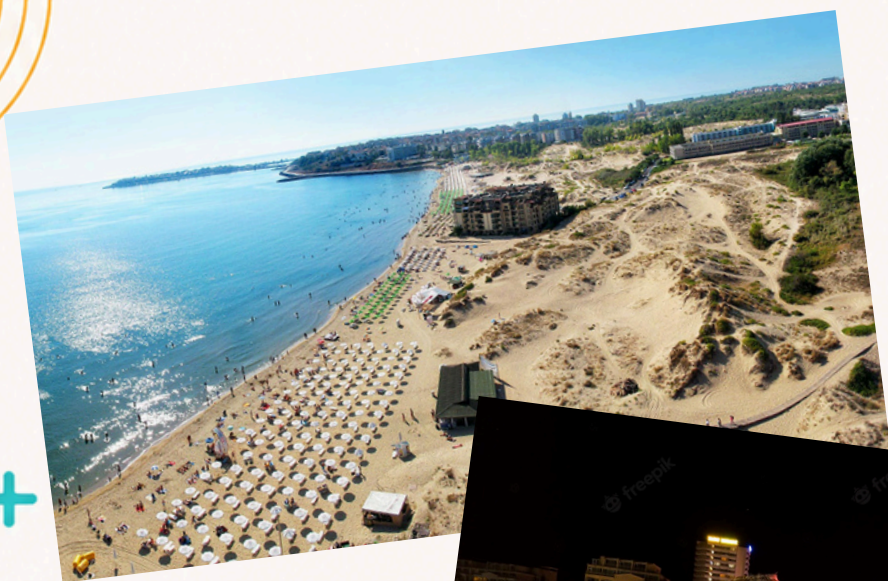
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The venue for the project will be the most well known seaside touristic place in Burgas region of Bulgaria. Its name is Sunny beach and it is a lovely and nice place to organize and realize European mobilities.



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All participants will be accommodated during the project mobility in Hotel "Bahami Residence", in the city center of Sunny beach, Bulgaria.



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There will be 3 people per room
according to the gender ballance.



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Participants will be fed on a full board 3 times per day and two coffee breaks will be provided.



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During the free time, participants can use the hotel swimming pool and visit the beach in Sunny beach.

The hotel is located in the central part of the town near a number of shops, restaurants and night clubs.



Aquapark - 450 meters

Supermarket - 500 meters

Health center - 600 meters

Laboratory - 750 meters

Beach - 800 meters

Post office - 900 meters

Central Bus Station - 1 kilometer

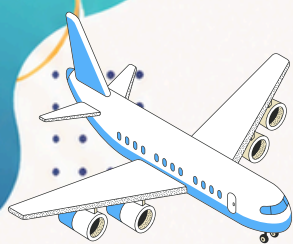
The old town of Nesebar - 6 kilometers



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The main airports in the country are Sofia, Plovdiv, Burgas and Varna.

The most frequent flights that can be found for the needs of the project are operated to Sofia Airport, Bulgaria and Bucharest Airport, Romania.

- From Sofia Airport

Travel is by metro to the Central Railway Station from where a train or bus can be caught in the direction of Burgas or Sunny beach.

* Travel by train is possible from Central Railway Station or Iskarsko Shose station to Burgas. Carrier - Bulgarian State Railway.

* Travel by bus is possible from Central Bus Station, located next to the metro station. Direct buses to Burgas run very frequently along the route, with connections to Sunny beach. Carrier - Union Ivconi and Biomet.



In case you arrive in Burgas from there you can use intercity bus transport to Sunny beach. **Please coordinate your travel plan with us before picking up your tickets, as transport is limited at night.**

- From Bucharest airport

Travel can be done by bus to Varna with Flixbus departing late in the evening. From there, travel to Burgas and Sunny beach is by intercity bus.

Later arrival and earlier departure from the project are not possible, please note this once you apply.



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Travel Budget

Country	Standard travel:	Green travel:	Participants:
Bulgaria	-	0 euro	5 people
Turkey	-	285 euro	5 people
Romania	-	285 euro	5 people
North Macedonia	-	417 euro	5 people
Serbia	-	417 euro	5 people
Hungary	309 euro	-	5 people
Italy	309 euro	-	5 people

The travel limit is written per person. Please note that green transport contains bus, train and carpooling. We highly encourage all participants to whom green transport applies to use it to protect the environment and travel safely. Possible changes to the budget may apply according to your departure city. Please check your exact budget with the EU Commission distance calculator. <https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>



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Extra time in Bulgaria



Each participant can arrive 1-2 days before the project and leave 1-2 days after the project. Extra days beyond the mobility dates and costs related to accommodation and meals are covered by the youth.



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Additional Information:

In order to ensure a smooth journey for the participants, we recommend that they have communication with the host NGO when arranging their whole travel plan.

The host organisation will inform the participants and project partners regarding the current travel restrictions and relevant documents required.

The use of alcohol and drugs during the project activities will be absolutely prohibited. Those who violate the established rules of the project, harass others, undermine the prestige of the organization or + commit systematic violations of the established norms + will be excluded from the project. The sending organisation will be informed of this by email with details of the case and the specific reasons for removal. Attendance at all project sessions is fully compulsory, failure to attend less than 80% of activities will result in cancellation of travel reimbursement.



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Three meals per day and two coffee breaks will be provided during project mobility. Participants who have certain dietary requirements, intolerances, allergies or other eating habits should inform the host organisation no later than one week before arrival so that options can be discussed with the hotel and meals can be re-arranged. Information received after this deadline cannot be taken into account regarding the meals and menu of the participants.



It is essential to note dietary habits as well as allergies, intolerances to certain things and medical conditions on the application form. Participants should self-suggest any necessary medications they use daily or think they will need to use during the project.

All project participants **MUST** have insurance covering medical and health expenses during the project in order to ensure their smooth stay in the country. For example, the European Health Card is issued free of charge. Please contact the sending organisation for further assistance.



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Reimbursement will be made in the quickest possible way. We ask all participants to purchase their plane, bus, train or other transportation tickets as soon as possible. Before doing so, remember that you should make a note to contact the sending organisation and make a travel plan for the trip. It must be sent to the the host NGO for approval via email. Travel plans that are not approved by us or purchased from a travel agency and online platform such as skyscanner, esky, kiwi or others will not be refunded.



TRAVEL REIMBURSEMENT WILL BE DONE IN THE LAST DAY OF THE PROJECT!

+ Please take only your travel tickets from the official website of the carrier. Purchase the tickets for the project both ways for transportation. We will not be able to reimburse after the end of the project. All paper documents must be submitted in original to the host NGO, take this into consideration so that you can have all return tickets to provide during the project, otherwise they will need to be posted by delivery company.



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! IMPORTANT !

All attendees should note that this is a European project funded by the European Commission and the cheapest and most environmentally friendly travel routes will be considered for the participants' journey. The purchase of additional services such as seat, meals on board, automatic check-in, excess baggage, late arrival at the gate and other services not included in the standard ticket price will not be reimbursed.

+ All travel plans must be approved by the host NGO via email. Priority boarding + 2 cabin baggage is allowed. All tickets MUST be presented in original. Photos of tickets or scanned copies will not be refunded. Check in luggage is not allowed!



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IMPORTANT

- 1) Do not use a taxi or private car, it is not an eligible cost, in case there are other options.
- 2) NEVER lose your boarding cards, e-tickets, and bus/train tickets, you cannot be reimbursed without boarding documents.
- 3) Please make health and travel insurance from your own budget, It is vital for you.
- 4) Prepare some presentations for the intercultural night. You can put some pictures about your culture, songs, famous people etc
- 5) Bring national drinks, food, national clothes etc for the intercultural night.
- 6) Fully participation in the project is obligatory in order to get the reimbursement.
- 7) To take part in all the stages of the project (preparation, implementation and dissemination).
- 8) To follow the rules and conditions of the hosting organisation and the accommodation.



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If your main motivation for joining the project is to party all night or to focus on alcohol consumption, we kindly inform you that this project may not be the right fit for you. The programme is designed with an educational and value-based focus, aiming to support personal development, intercultural exchange, and meaningful collaboration



The host NGO reserve its rights to cancel any participation if breaking the rules by the participants!



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Don't hesitate to contact us with any questions or for assistance. Our team is here to help and to make your participation even better. Don't wait to apply for this amazing project.

E-mail:

youthsenatebulgaria@gmail.com



HUMAN RESOURCE DEVELOPMENT CENTRE



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